




# Highland Park Preschool

## October 2017 Newsletter

### September re-cap

We are so excited to be back at school and working with all our amazing preschool families. The children have started to settle into a routine as we all get to know each other! Affirmation of our basic classroom rules, of 'gentle hands, listening ears, inside voices and walking feet' as well as using your 'cough pocket' (elbow) to cover your cough and handwashing to stay healthy, is done daily. Mrs. Sick's class had fun painting rocks and had the opportunity to observe the changes of the seasons from the wonderful green space surrounding our community center. Our younger children in Mrs. Gail's class have settled nicely and have had fun creating a 'family tree' and really loved getting messy using finger-paints to try to create their favorite colors.

Throughout the school year we will continue to learn while we explore and interact with our teachers and classmates. Every class will provide the opportunity for your child to enhance their social, emotional, intellectual and physical development, in a safe and stimulating environment.

Oct. 2 <sup>nd</sup> - 20 <sup>th</sup> <b>Closed Oct. 9<sup>th</sup> for Thanksgiving</b>	 Fall Harvest  Farm  Nutrition
October 19 <sup>th</sup>	Parent Committee Meeting 7:00 - 9:00
October 26 <sup>th</sup>	Toy and Classroom Cleaning 6:30 - 8:00
Oct. 23 <sup>rd</sup> - 31 <sup>st</sup> 	 Halloween <b>Halloween Party October 30<sup>th</sup> and 31<sup>st</sup> during class hours. Please send regular snack.</b> Feel free to have your child dress up for this day (No masks please). We will be doing a parade through the community hall to see Mrs. Carolyn in the office and the Out of School Children in NEXT.

**Snack Reminder** - snacks need to be small and nutritious - no candy or nut products please. Also, it can be difficult for your child to carry 3 separate snack containers to the table for snack time. It would be helpful to put the containers in either a 'lunch kit' or Ziploc bag. Check out the snack suggestions attached.

### **Big Plans for Little Kids - Early Intervention Services**

Did you know that an Early Intervention Services Initiative by the Province of Alberta is provided for every parent? Big Plans comes in free and will assess your child at preschool if they are eligible to attend Kindergarten the following school year. Any child can be assisted and any issue can be caught early! Most often, your child will outgrow what issues might come to light, but why not take advantage of the free service by caring professionals? They are trained to check for Physical development (fine and gross motor), Social skills, behaviour, Language and Thinking as well as Communication. Please check out [www.education.alberta.ca](http://www.education.alberta.ca) for further information. Wondering about kindergarten readiness? Big Plans recommends the following article on the subject.

<http://www.calgaryschild.com/education/school-age/1028-ready-or-not-here-i-come-gauging-your-childs-kindergarten-readiness>

**Mrs. Gail, Mrs. Sick and Miss Rubeen**