

JANUARY 2022

DELIVERED MONTHLY TO 3,625 HOUSEHOLDS

HIGHLAND PARK

SUMMIT

THE OFFICIAL HIGHLAND PARK COMMUNITY NEWSLETTER



HP
CA

Highland Park Hall Rental Rates

Phone: 403-276-6969

www.highlandparkcommunity.ca

All users of our facilities must now abide by the City of Calgary Vaccine Passport Bylaw as described on our website.

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, a pull down screen for sharing pictures of those special moments, and loads of tables and chairs.

Rental Rates:

Main Hall – 186 person capacity

\$550/day or \$55/hour; \$500 damage deposit

North Hall – 60 person capacity

\$400/day or \$44/hour; \$400 damage deposit

There is a once per year 25% discount for HPCA area residents with a current membership.

All rentals are subject to GST.

Our facilities can only be rented until 10:00 pm.

Be a Part of Something Big!

The Canadian Cancer Society

At the Canadian Cancer Society (CCS) we are committed to improving the cancer experience by helping people with cancer live their lives more fully.

CCS's Wheels of Hope program helps people who can't get to their cancer treatment appointments, providing trips when people need us most.

Do You:

- Enjoy meeting a variety of people?
- Desire to help people affected by cancer have access to critical programs and services?
- Have a flexible schedule?

If yes, become a dedicated Wheels of Hope driver!

If you love to volunteer and want to help change lives, put your passion into action and be part of the larger Wheels of Hope team, including over 1600 volunteer drivers and many staff who share your desire to help as many people as possible get to their treatments.

Apply Here: <https://bit.ly/2QnHDJ>

Together, we are bigger than cancer!



Centrally located en route to downtown in the Highland Park Community Hall.

Non-profit, parent operated, traditional preschool for 3 & 4 year olds with excellent teachers that love what they do!

3716 2nd Street NW

Register Now for September 2022!
Space still available for January 2021

Visit our website to learn more

Morning Classes

Mon/Wed/Fri | 9am-11:30am | \$180 per month

Tues/Thurs | 9am-11:30am | \$140 per month

Afternoon Classes

Mon/Wed/Fri | 1pm-3:30pm | \$180 per month

preschool@hpca.ca | 403-276-6969

www.hpca.ca/preschool



www.nextkidsinc.com

**PLEASE BE ADVISED THAT NEXT Kids Inc. At Highland Park
WILL BE OPENED AS OF MARCH 23, 2020.**

Initial access will be prioritized to **health care practitioners and critical infrastructure workers.**

Additional spaces will then be available to first responders (firefighters and police officers) and others in essential services.

Parents will be notified through their employer if they qualify to send their children to these newly re-opened centers, and will be provided a contact list of centers that have been re-opened.

Eligible parents will contact programs directly, and will be asked to access child care only as required to attend their work in a core service sector.

Parents who qualify for subsidy will receive it. If you need to reach the Program, please call **Courtney Jennings at 587-727-0407** our Director anytime. We will help you with registration and more information regarding our Program.

We thank you all for your work in the essential services, and we can not wait to see you!

HIGHLAND PARK UPCOMING EVENTS AND ACTIVITIES

As always, for more information about the events below, please contact either our Hall Manager, Stephen, at hallmanager@hpc.ca or contact our volunteer coordinator, Anne, at 403-276-5048 and leave a message or email volunteer@hpc.ca.

Monthly Seniors' Luncheons: Due to the ongoing risks with COVID-19 and the new variants, these are still suspended until further notice.

Tuesday, January 25: Good Food Box order date at HPCA Hall, 6:00 to 7:00 pm with cash or cheque, or contact-free via e-transfer before 4:30 pm to HPCA's Vice President, Anne Naumann, at AnneNaumann@shaw.ca.

Thursday, February 3: Good Food Box pick-up date at HPCA Hall, 6:00 to 7:30 pm.

HPCA Email List and Website: Are you one of the new residents of Highland Park? Are you on our email contact list? If not, you should be! We send out periodic emails about important things going on in the community that may not make it into the newsletter before the deadline. Sign up via our website: hpc.ca. While you are on our website, have a look at some of the new information we've added, click the three lines in the upper right to access the menu. Look for the Community Connections section for info on

events, programs, and ways to connect with neighbours to get involved with the community, including our new Activity Kits (you can make a Pinecone Bird Feeder craft for winter, or an Animal Mask, this is another project funded by a Neighbourhood Grant) and our Human Library (see what skills and knowledge some of your neighbours are willing to share). Both these programs are free for community residents.

Get Social with HPCA: We also recommend you connect with us on social media – "Like" our community Facebook page for updates when we post something (www.fb.com/highlandPkCA), and if you live in Highland Park, you can also sign up for the Highland Park Neighbourhood group, which is designed to allow people to interact with their neighbours – www.fb.com/groups/highlandparkyyc. Also, be sure to follow us on Twitter and Instagram @highlandPkCA, login is not required to see our posts.

Tuesday, February 22: Good Food Box order date at HPCA Hall, 6:00 to 7:00 pm with cash or cheque, or contact-free via e-transfer before 4:30 pm to HPCA's Vice President, Anne Naumann, at AnneNaumann@shaw.ca.

Thursday, March 3: Good Food Box pick-up date at HPCA Hall, 6:00 to 7:30 pm.

101 Dalmatians

The popular Disney movie "101 Dalmatians" was first released in the United States on January 25, 1961. It is hard to believe that such a memorable movie was created over 50 years ago...if only we were able to say thank you 101 times!



Editorial Content **10** of each month for the next month's issue
DEADLINE

Highland Park Community Association **MEMBERSHIP FORM**

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5

Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to: Highland Community Association, 3716 – 2nd Street NW, Calgary, Alberta T2K 0Y4

Name: _____

Address: _____ Postal Code: _____

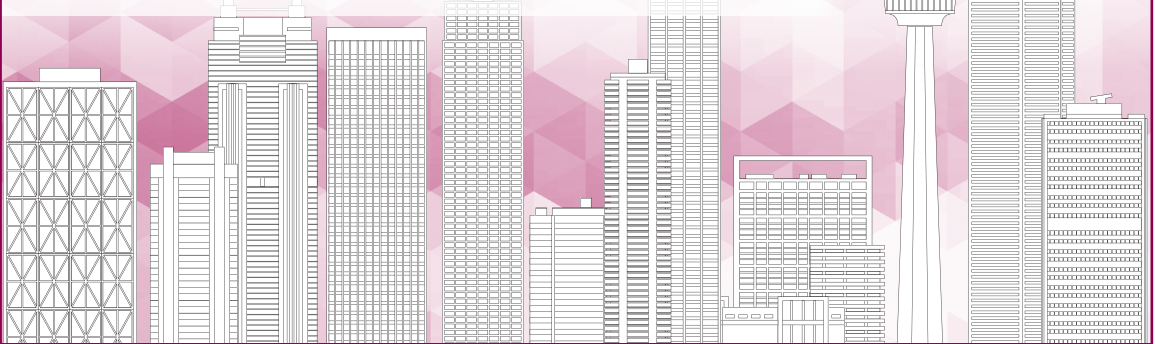
Phone: _____ Email Address: _____

**memberships also available for purchase online at highlandparkcommunity.ca*



GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



Design | Graphics

Cecilia Cho
Katie Prosser
Darian Stables

Magazine Editors

Kyla McDonald
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Advertising Sales

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- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
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- 3. High Readership:** Even distribution of baby boomer, millennial, and Gen X readers.
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To advertise with us, call 403-720-0762
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GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

HIGHLAND PARK PLANNING AND DEVELOPMENT REPORT

by D. Jeanne Kimber | development@hpca.ca

There are now three applications pending for a land use change to M-CG (Multi-Residential, Contextual Grade Oriented). This land use is primarily intended to facilitate the development of townhomes and four-plexes.

One of these applications is for the parcel at 3404 3 Street NW; the comment period on this application ended December 14. The developer proposes to build a 5-unit structure on the 63 ft lot at this address. The file reference is LOC2021-0187.

An application for a land use redesignation at 4320 Centre A Street NE has just been submitted. The file reference is LOC2021-0188.

The application for M-CG land use at 308 32 Avenue NE will be going to Council on January 11, 2022. If approved, this will enable the construction of a grade-oriented fourplex. The file reference is LOC2021-0084.

Other development permit (DP) and land use change (LOC) applications of note include:

- A land use change to M-H1 at 107 40 Avenue NE and 4019 Centre A Street NE was approved by Council on December 6, 2021. This land use will enable construction of a small multi-storey residential building. There is no DP application yet.
- A DP application has been made for a 4-unit rowhouse with basement suites at 4025 2 Street NW. The application is now under review. The plans for the proposed project can now be downloaded from the City's development map website at <https://developmentmap.calgary.ca/>. The file reference is DP2021-8142.

Several projects that appear to have been stalled include:

- The DP application for a rowhouse at 4024 2 Street NW continues to be under review by the city. The file reference is DP2021-5688.
- LOC2019-0065 for a change of land use to MU-1 at 4519 Centre Street NW. This application is stuck at the "Submitted" stage. The community association strongly opposed this application.
- A rowhouse proposed for 204 40 Avenue NW was approved back in June but the DP has not yet been released and the property shows a For Sale sign. The file reference is DP2020-6082.

Over the past 15 years, our community has seen significant redevelopment with a corresponding increase in density. This has led to more young families moving into the community, which in turn, supports sustainable school populations, efficient transit service, and local businesses. Participation at community events like Music in the Park had increased prior to the COVID pandemic, and this gave an uplift to the sense of community spirit. Increased inner city density also helps ease pressures for the city to expand outwardly. At the same time, your community association board is aware of concerns raised by residents regarding privacy or the shadowing effects of new and taller buildings on neighbouring properties or increased vehicle traffic and on-street parking. We do represent these concerns when we submit comments to the City regarding specific development proposals. We also raise matters such as the loss and/or preservation of trees, or the decrease in permeable land area, or concerns about infrastructure upgrades and stormwater management. We encourage all residents to stay abreast of development proposals in the community, and to respond in a thoughtful way when provided the opportunities to do so. Status information about any Development Permit or Land Use Change application can be found on the City's Planning and Development map at <https://developmentmap.calgary.ca/>. Just zoom in and click on the property you wish to examine. Details about the application, comment periods and contact information for the file manager will then be available to view.

We wish for everyone in Highland Park to have good health and happiness this holiday season and throughout the New Year.



One of the Zodiac signs for January babies is the Capricorn. The word 'Capricornus' means goat in Latin, which may be why the symbol for the Capricorn is the sea goat. This blend of animals represents these individuals' ability to climb from the farthest depths to the highest heights.

COMMUNITY SAFETY MEETING UPDATE

by Anne Naumann

Thanks to everyone who attended our hybrid Community Safety Meeting on December 6. We had informative presentations by our guest speakers: Constable Raeann Watson, Highland Park's new Community Resource Police Officer, Peace Officer Bonni Rogers, from City Bylaw Enforcement, Gerry Baxter and Jordan Debarros, both from the Calgary Residential Rental Association, and Jennifer DiMarzo, Highland Park's City Community Social Worker. Below is an overview of some of the information that was shared.

The Calgary Police have noted that property crimes, such as Break and Enters, and car prowling's (breaking into a vehicle) have increased in multiple neighbourhoods across Calgary, as well as in other cities. This seems to be related to increased stress and job loss as a result of the COVID-19 pandemic. The Calgary Police Service recommends that each crime that occurs is reported, even if it's minor, as it helps them to allocate resources and track patterns. To report a crime in progress, dial 911. To report a crime after the fact, dial the Police non-emergency line at 403-266-1234. You can also report a crime using the Calgary Police online reporting system: <https://www.calgary.ca/cps/report-a-crime.html>. Note, there are some crimes that cannot be reported online, but they are listed on the website. When reporting a crime or even a traffic safety issue (not a collision), provide as much detail as you can, such as the location, the time of day, and details about the issue.

Suggestions for preventing break and enters and car prowling include:

- Don't leave your garage door opener in your vehicle, because if someone gets into your vehicle, they have access to your garage and your home if it's attached – take your garage door opener into the house with you when you get home.
- Follow the 9PM routine to check that all your windows and doors are locked at 9PM, or before you go to bed.
- Lock all doors on your vehicle and don't leave items of value in it that are visible from the window.

Calgary Bylaw Enforcement can be contacted via phoning 311 or filing a 311 complaint online at <https://www.calgary.ca/cfod/csc/311.html> or with the 311-phone app, for issues like a property that is not properly managing things on the property. Examples of things to report to 311 include: snow not shovelled, grass not mowed, garbage not removed, trees not trimmed, dilapidated vehicles, roof in poor repair, broken down fences, etc. If you file a 311 complaint, you should receive a file number. The neighbour you file

the complaint about will not be informed who filed the complaint. Your complaint should be assigned to a Bylaw officer within 11 days to follow up with the homeowner. The neighbour then has 21 days to resolve the issue. For complaints about derelict properties (boarded up homes), it can take about 2 years before the house is demolished, as there are inspections, permits, and insurance to be looked after before it is safe to demolish. In that time, Bylaw works with the property owner to ensure the property is secure, snow is shovelled, and the grass is mowed.

The Calgary Residential Rental Association is an organization that works with and provides educational information to landlords. They recommend landlords become a member of their organization. Landlords are running a business and are governed by the Residential Tenancy Act of Alberta, as well as public health legislation and city bylaws. Most landlords are good, but it's the problem ones who give the rest a bad name. Some bad landlords don't care who they rent to, don't inspect the property, don't maintain the property, and don't have any idea what their tenants are up to. You can report a suspicious property (such a suspected drug or gang house) to Calgary's Safer Communities and Neighbourhoods unit, or SCAN, here: <https://www.alberta.ca/report-suspicious-property.aspx>.

Jennifer DiMarzo, our Community Social Worker, updated everyone on some recent initiatives in Highland Park, including: 1) the Block Connector Program to help neighbours connect with each other and share information about local resources and opportunities, 2) the Neighbourhood Grant program that can provide up to \$1000 for initiatives that help us to build an inclusive neighbourhood, foster truth and reconciliation, and/or promote economic participation, 3) HPCA's new Human Library which allows residents to book time with another resident who is willing to share their skills, talents, and interests with neighbours, 4) HPCA's Activity Kits which allow residents to borrow a kit with all the supplies needed to do an activity with neighbours (see the Highland Park website, under Community Connections for more information).

Finally, if you want more information about a property development proposal in the neighbourhood, or anywhere in Calgary, check out the City's Development Map page at <https://dmap.calgary.ca/>. You can also contact HPCA's Director of Development and Planning at Development@hpca.ca.

RECIPES FOR YOUR GOOD FOOD BOX

by Anne Naumann

The new Good Food Box schedule is out for 2021. By the time you see this article, you will have likely missed the January 4 ordering deadline for the January box pick-up, but you can likely still order on January 25 for the February 3 pick-up date.

We are still providing an e-transfer ordering option instead of in-person ordering at our hall. You can e-transfer payment to me at AnneNaumann@shaw.ca. However, please send your e-transfer to me no later than 4:30 pm on the order date. That way Highland Park's Good Food Box Coordinator, Bonita, and I can finalize the list of all the boxes ordered and payments received to ensure we order the correct number and size of boxes. If you are ordering for the first time, please also send us a follow-up email to is GoodFoodBox@hpc.ca with your contact information (phone and/or email) so we can contact you to remind you about the pick-up date and the next order date. We have also been asked by the Community Kitchen folks to provide basic demographic information about the people being served by this program through each ordering depot like HPCA's. So, if we don't have it already, we'll ask you how many total families, adults, seniors, and youth your box is feeding.

The last Good Food Box I received on November 25 had the following in my small size box (I missed submitting a recipe for the December newsletter deadline): 5 lbs of potatoes, 3 lbs of onions, 1 honeydew melon, 3 apples, 1 zucchini, 2 bunches of green onions, 2 avocados, 1 bunch of celery, 1 grapefruit, 2 lbs of carrots, 1 lemon, 2 heads of garlic, 2 navel oranges, 1 pomegranate, and 3 pears. I thought the best idea for this month's recipe was to provide some of the things I've learned over the years in making mashed potatoes. It seems like it should be simple, right? But who hasn't ended up with gluey mess when making them at one time or another? I know I have. So, I made an effort to try to learn a bit more about how to avoid disappointment in the mashed potatoes side dish.

Tips: for mashed potatoes, use russet, Yukon Gold, or yellow potatoes, or a bag of potatoes that says, "best for mashing", as these types mash easier due to the high starch content. Don't overcook the potatoes. Do drain them after cooking. Don't use an electric mixer as they'll turn out gluey. No one likes that.

Fluffy Mashed Potatoes



Prep and Cook Time: About 30 minutes

Serves: 6 to 8

Kitchen Supplies Needed: Vegetable peeler, sharp knife, large pot, potato masher (or fork).

Ingredients:

Can be varied based on the number of people the dish will serve and what you want to include.

- 2 to 3 lbs of russet, or yellow potatoes like Yukon Gold (1 to 2 per person, depending on size of potato)
- 1 teaspoon salt
- 1/3 cup (or more if desired) butter or margarine, melted
- 1/3 cup (or more if desired) milk
- Optional additions: 1 or 2 cloves of minced garlic; 1/2 teaspoon ground pepper; 1/3 cup sour cream; 2 chopped green onions; 1/4 cup or more bacon bits

Directions:

1. Peel and chop potatoes into relatively equal-sized chunks (for mostly equal cooking time per chunk).
2. Place potatoes into a large pot, cover with water, add salt, and put on stove and bring to a boil over medium to high heat.
3. Boil for 15 to 20 minutes, until chunks of potato are soft when poked with a sharp knife or a fork. Drain.
4. Turn burner heat down to low. Add butter and milk to the pot and stir until butter is melted. Return the potatoes to the pot. Mash them with the masher until smooth and combined with the milk and butter. Add more milk or butter if needed to get it to the consistency you like.
5. Add any desired additional ingredients such as garlic, pepper, green onions, etc.

Uncovering Confederation Creek

Elliot Lindsay – Friends of Confederation Creek

The Friends of Confederation Creek (FOCC) is a volunteer-led society concerned with the preservation, protection, and restoration of the Confederation Creek watershed. This year, thanks to Watershed Stewardship Grant funding administered by the Land Stewardship Center of Canada, we have launched the “Uncovering Confederation Creek” project. Uncovering Confederation Creek seeks to tell the story of streams in this watershed; past and present and generate interest and discussion on the future of these important and underappreciated streams. We encourage anyone interested in learning more and getting involved to contact us at friendsofconfederationcreek@gmail.com and to follow us on Facebook.

The Confederation Creek watershed (drainage area) covers an area of 2700 hectares of NW Calgary, encompassing communities from Shaganappi Trail NW, all the way to Edmonton Trail NE on the south side of Nose Hill; from Brentwood and Varsity to Highland Park and Thorncliffe Greenview. Confederation Park is where most Calgarians know and see Confederation Creek. Downstream of the park, the creek enters the storm sewer system via a concrete vault at 30 Ave NW. Many of the streams in the confederation creek watershed were buried in concrete pipes through a process known as “culverting” during the development of area communities beginning in the 1950's. For this reason, many residents are unaware that they even exist. A portion of Queen's Park Creek remains above ground in the northwestern portion of the cemetery, supplying a steady year-round flow of cold clean groundwater to Confederation Creek. It too is culverted for the remainder of its length however, meeting Confederation Creek underground near the intersection of 4th street and 40th Ave NW.

Downstream, the Highland Park Valley sees Confederation Creek meet several tributaries including Trafford Creek and McKnight Creek, both culverted streams originating on the SE slopes of Nose Hill and flowing beneath roads and greenspaces to the valley. Confederation Creek then flows beneath center street and winds south and east through greenspace to reach Nose Creek at stormwater outfall N25, across Edmonton Trail from RONA.

Much of the water falling in the watershed as rain or snowmelt, and groundwater which slowly percolates downhill through soil and rock, ends up in Confederation Creek via stormwater, springs, and tributary streams. Rain rushes to Confederation Creek, causing flooding during large rain events due to the large watershed area, much of which has been converted to pavement, rooftops, roads, and hard surfaces, rushing through concrete pipes

preventing the slowing, filtering, and settling that happens in natural stream corridors.

Bringing some of these buried streams back to the surface where they can be restored and enjoyed by Calgarians is an exciting opportunity commonly referred to as daylighting. In the next article, we will take a further look at what daylighting is and how it might be used to recover these special features and address issues relating to flooding and water quality.



Pictured: Confederation Creek beneath the Highland Park Valley: A pipe is no place for a creek!

Have a Great Idea?

Our Neighbourhood Grants turn local ideas into tangible actions

The Community Social Work program offers grants of up to \$1000 to **Highland Park or Thorncliffe Greenview** residents with project ideas that:

- Build Inclusive Neighbourhoods | Foster Truth & Reconciliation
- Increase Economic Participation

Decisions are made by a committee consisting of residents and a Community Social Worker.

For more information email: NeighbourhoodGrants@Calgary.ca or Contact: jennifer.dimarzo@calgary.ca or (403)852-6137

Highland Park Community Association

☎ 403-276-6969 📍 3716 2nd St. NW

BOARD OF DIRECTORS

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Director	Braiden Valdarchi

COMMUNITY CONTACTS

Website	www.hpca.ca
Facility Rental & Management	Carolyn Bergen, 403-276-6969 hallmanager@hpca.ca
Facility Rental	
Availability Calendar	hpca.ca/hall-calendar
Newsletter/ Website Editor	Braiden Valdarchi media@hpca.ca
Good Food Box	Bonita Loke goodfoodbox@hpca.ca
Development Review	Jeanne Kimber development@hpca.ca
Seniors' Luncheon	Rosalind Kohut, 587-349-0870 seniorscoordinator@hpca.ca
Volunteer Coordinator	volunteer@hpca.ca
Block Connector	
Planning Committee	seniorscoordinator@hpca.ca
Activity Kits Booking & Info	activitykits@hpca.ca
Community Social Worker	Jennifer Dimarzo, 403-476-7295 jennifer.dimarzo@calgary.ca
Ward 4 Councillor	Sean Chu, 403-268-3727 sean.chu@calgary.ca
Police Service	Cst. Raeann Watson, District 3 pol5218@calgarypolice.ca , 403-860-8027
Bylaw Infractions	Call 311 or complete form on line at: www.calgary.ca/311online

The Good Food Box

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. Bring cash only to the address below on the payment date, then pick up your produce in the pick-up date.

It's an excellent deal on fresh produce!

Large Family Size Box: 45-50 lbs \$35

Family Size Box: 35-40 lbs \$30

Single/Senior Box: 25-30 lbs \$25

Where: HPCA Hall, 3716 2 St. NW

Time: between 6:00 and 7:30 pm

Please contact Anne Naumann before 4:30pm on order date at annenaumann@shaw.ca

HPCA Good Food Box 2022

Order Date

Tuesday, January 25

Tuesday, February 22

Pick-Up Date

Thursday, February 3

Thursday, March 3



BLAST That Music

We have all heard the name "Alicia Keys". She is an incredible singer and performer born in New York, USA, and her birthday is actually in January! I can't think of a better way to celebrate than blasting your favourite Keys album this month!



HIGHLAND PARK'S NEW BLOCK CONNECTOR PROGRAM

Join the Highland Park Block Connector Program to:

- Connect with your neighbours
- Learn about local resources and opportunities
- Create some fun on your block!

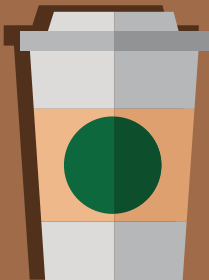
Go to www.surveymonkey.com/r/MG7886V for more information and to join.

HIGHLAND PARK HALL CALENDAR

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 No Rentals Available
All Halls 8:00 am to 12:00 pm Peace Church MH 1:00 to 6:00 pm Egyptian Youth Club	3	4 6:00 to 7:30 pm Good Food Box Order MH 7:00 to 10:00 pm Forge Martial Arts	5	6 MH 7:00 to 9:00 pm Forge Martial Arts	7	8
9 All Halls 8:00 am to 12:00 pm Peace Church	10	11 MH 7:00 to 10:00 pm Forge Martial Arts NH 1:00 to 4:00 pm Bow West	12 MH 7:00 to 9:00 pm Choir	13 6:00 to 7:30 pm Good Food Box Delivery MH 7:00 to 9:00 pm Forge Martial Arts	14	15 NH 1:00 to 4:00 pm Chen NH 9:30 to 11:00 am Sportball for Kids
16 All Halls 8:00 am to 12:00 pm Peace Church	17	18 MH 7:00 to 10:00 pm Forge Martial Arts NH 1:00 to 4:00 pm Bow West	19 MH 7:00 to 9:00 pm Choir	20 MH 7:00 to 9:00 pm Forge Martial Arts	21	22 NH 3:00 to 6:00 pm Kotschorek NH 9:30 to 11:00 am Sportball for Kids
23 All Halls 8:00 am to 12:00 pm Peace Church MH 1:00 to 10:00 pm Carvalho	24	25 6:00 to 7:30 pm Good Food Box Order MH 7:00 to 10:00 pm Forge Martial Arts NH 1:00 to 4:00 pm Bow West	26 MH 7:00 to 9:00 pm Choir	27 MH 7:00 to 9:00 pm Forge Martial Arts	28	29 NH 9:30 to 11:00 am Sportball for Kids
30 All Halls 8:00 am to 12:00 pm Peace Church	31	1	2	3	4	5

For the latest hall calendar, please visit hpc.ca/hall-calendar.



The First Store

Have you ever seen the white and green logo? Do you know the popular mermaid that serves millions of people coffee a day? That's right – We're talking Starbucks! Did you know that the first ever Starbucks store was in Seattle, Washington? Thank God they expanded to share the joy with us!



HIGHLAND PARK COMMUNITY SENIOR'S LUNCHEON

\$6/person for HPCA members

\$10/person for non-members of HPCA

Cancelled until further notice.

Bowwest Community Resource Centre

Struggling to make ends meet?

**BowWest connects you to resources:
Food, clothing, shelter, transportation,
counselling, no or low cost recreation.**

403-703-0140

BowWest Community Resource Centre regrets to announce that the food market, usually held every second Thursday at the Highland Park Community Association, must be tempo rarely discontinued. Please watch for updates regarding a re-start of the food market in Highland Park on your community association Facebook page and newsletter. You may also contact BowWest at 403-703-0140.



Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

HIGHLAND PARK | HIGHWOOD MORTGAGE BROKER:
SAVE A BUNCH OF CASH! As a local mortgage professional, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert advice, excellent rates, many options, and better mortgages, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

ADAIR TREE CARE LTD. PROFESSIONAL ARBORISTS:
Did you know that winter is often the best time to prune most trees? Book your winter tree and shrub care now, and save 10% when you mention this ad. Expert tree pruning, removal, stump grinding, pest and disease management, fertilization, and planting. We love your trees! 403-686-6030, www.adairtreecare.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.





SAVE A BUNCH OF CASH

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VIRTUAL OPEN HOUSE January 2022 - REGISTRATIONS
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Community Resource Centre HUB

Are you struggling to make ends meet?

Community Advocates connect people to resources such as:

Basic need referrals for:	Local events & programs:	Information about:
<ul style="list-style-type: none"> • Food • Clothing • Basic furniture & household goods • Emergency medication assistance 	<ul style="list-style-type: none"> • No-cost and low-cost family recreation • Community programs & workshops • Volunteer opportunities 	<ul style="list-style-type: none"> • Housing concerns • Counselling programs • Family concerns • Financial resources

For North Calgary, call 403.374.0448

For South Calgary, call 403.204.8280

Every 2nd Thursday 1 PM—4 PM
Highland Park Community Association
3716 2nd St NW

Please call 403-703-0140 to book an appointment



3303 - 17 Avenue SE, Calgary, AB T2A 0R2
403.204.8280 info@sunrise.ca
www.sunrise.ca



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